Student Reflection Page: Michael Prudent Grade Level: Middle School

Complete this reflection page after watching the Deeper Look video: Michael Prudent. In this piece, Michael Prudent, a gay man in a committed relationship and a father, discusses the characteristics of healthy relationships and how to teach young people about sexuality. Write your responses, using examples from the video and your own experiences.

1.	What are the components of a healthy relationship?
2.	What is the different between a friendship and a romantic relationship? What are the similarities?
3.	How does Mr. Prudent define "homosexual"?
4.	How is Mr. Prudent's definition of homosexual different from other common ideas about homosexuality