

Brianna



Grade Level: Elementary School



DU Theme: Restorative Practice



SEL Competency: Self-Awareness, Social Awareness

Facilitator may wish to use reflection questions with students individually or in groups. Below is a possible adaptation for a group activity.

Please be aware that Brianna describes her experiences with bullying in detail, please pre-view the video carefully in preparing for discussions with students.

ACTIVITY

In the video, we see that Brianna has been a victim of widespread bullying. Brianna's story can be used in several ways and used many times with students. Because she describes several different examples of how she has been bullied, excerpts of the video could be used to demonstrate concrete examples of bullying for students as part of explicitly teaching students about bullying behavior as part your school's ongoing bullying prevention or multi-tiered systems of support programming.

The video also provides many examples of Brianna describing how she feels when she is bullied which could be used in a circle to help students develop a sense of empathy. One of the great opportunities that documentary film provides to educators is a realistic student voice so that a facilitator does not need to wait until a negative behavior has occurred to have a discussion about bullying.