# Defining <mark>US</mark>

## Dwayne's Story

**Grade Level** Middle School/ High School

#### **SEL Competency**

Responsible Decision Making, Self-Management, Self-Awareness



**DU Theme** CRE, Mentorship

### INDIVIDUAL REFLECTION

In the video, Dwayne says, **"I saw my future"**. What did he mean? Why does he think school is important for Dwayne now? Why does taking time to seriously think about your future help you determine what your priorities are?

What does Dwayne mean when he says, **"I don't need anyone to push me anymore"**? Do you think it is this hard for him to be this self-motivated? What types of things are you able to do without being "pushed"? What are some things you need to be **"pushed"** to do? How can you help yourself learn to do the things that you know you need to do?

### FOR FURTHER RESEARCH

Dwayne wrote a letter to his mother once he began to realize the importance that her influence had in her life. Consider the role of the adults that you believe are important in your life. If you were going to write a letter to a mentor in your life, what are things you would include?

Ask some of your friends what the find to be important qualities of mentors for them. Do your friends have similar experiences to you? Why or why not?