

Glenn's Story



Grade Level

Middle School/
High School



SEL Competency

Relationship Skills,
Self-Awareness



DU Theme

CRE

INDIVIDUAL REFLECTION

Glen says, “[people who do not get involved in activities] always get good grades, but after college and sometimes after high school you never see them”. What does Glen mean? Why is it important to Glen to learn how to make friends? Why is this a good skill for everyone?

Do you think Glen would argue that interacting with people in person creates higher quality friendships that interacting using social media and technology? Use examples to explain your answer. Do you agree or disagree with the contention that in-person social interaction is necessary to develop and maintain friendships? Why or why not?

FOR FURTHER RESEARCH

Using your school library or credible sources on the internet research how social interaction is essential for good health. Does this mean that everyone needs a lot of friends? What are the consequences of not have a social group? Are you comfortable with your own network of friends? Why or why not? Explain by providing examples.