

Monique



Grade Level: Middle School



DU Theme: CRE, Mentorship



SEL Competency: Relationship Skills, Social Awareness, Self-Management

Facilitator may wish to use reflection questions with students individually or in groups. Below is a possible adaptation for a group activity.

If you would like for students to learn more about volunteer activities you could suggest the Spark Action website <https://sparkaction.org/>

ACTIVITY

After students watch the video, use the following questions to guide a group discussion with students about friendship and acceptance.

Monique says, “**somebody my age usually it’s kind of hard to...feel like I made a difference**”. What are some examples of how Monique helps improve her community? Why does Monique believe she is making a difference?

Share some examples of mentors you know or have known. What are the things this person/these people did that was so important?

In groups of 2-4 have students develop a plan for a mentorship program that they could develop in their own school or community.